

SEELENKLEMPNER

LOGLINE

Dramedy | 12x 30min

SEELENKLEMPNER is a satirical dramedy series about an unconventional psychoanalyst who is called upon to discreetly resolve absurd crises using radical methods. But while she heals others, she risks being crushed by the weight of her own past.

VISION

Mental health is no longer taboo — it is part of the cultural zeitgeist. This series explores extreme psychological states — unfiltered, empathetic, and unexpectedly humorous. It's not about ordinary therapy sessions, but about mental emergencies on the brink of breakdown.

STRUCTURE

- 12 episodes, 30 minutes each
- Each episode a standalone case "case of the week"
- A continuous B-story follows the protagonist's emotional arc throughout the season
- Settings: variable, stylized

PROTAGONIST

Dr. Frieda Elise Dorn is not your typical therapist. She doesn't work out of a practice — she works wherever chaos erupts. Her car is her office, and it could definitely use a cleaning. Her personal and professional lives constantly bleed into one another. She's a bit too blunt, has a terrible poker face, and can't stay still. But beneath her chaotic exterior lies a sharp intellect — and a wounded heart.

RELATIONSHIPS TO OTHER CHARACTERS

Ex-Boyfriend: Alexander "Alex"

A man with whom Frieda shares a complicated past. They were together for four years. The relationship ended without closure and is still full of unanswered questions, guilt, and unresolved longing. His return forces Frieda to confront a long-buried trauma she has successfully repressed. The conflict unfolds quietly — but intensely.

Best Friend: Charlotte "Lotti"

Lotti is everything Frieda is not: controlled, rational, and seemingly always in charge. Though full of her own neuroses and visibly annoyed by life, she appears outwardly structured and unfazed. Her dry, Northern German demeanor cuts through even the most dramatic situations with surgical precision. Conversations with Lotti aren't always kind, but they are always honest. In the midst of chaos, Lotti is the only person around whom Frieda can truly let go.

Father: Georg Dorn

Georg Dorn is a man incapable of showing emotion. He approaches the world with distance, objectivity, and coldness. To him, feelings are a sign of weakness.

Frieda could never quite reach him. Even as a child, she had to learn to read between the lines and decode the subtlest gestures. Her interest in psychology didn't begin in a classroom — it began at the kitchen table, trying to decipher the inner world of a father who kept it all locked away.

PILOT EPISODE – PLOT

A-Plot – The Band

A frantic music manager hires Frieda: a legendary metal band has locked themselves in their tour bus, refusing to perform. The fans are already waiting outside. The band is on the brink of collapse.

Frieda begins psychological detective work, dissecting the group dynamics, uncovering suppressed conflicts, and exposing emotional dependencies.

Her work is hindered by drug-fueled behavior, erratic groupies, and a stifling tour bus environment. To make matters worse, the manager pressures her to fix the band before showtime.

The band members act like a dysfunctional couple. Frieda peels back the layers, leads them through music therapy and metaphorical couples counseling — and ultimately brings them back to themselves and back on stage.

But while healing others, she is forced to confront her own demons.

B-Plot – The Ex

One morning, during breakfast with Lotti, Frieda is caught off guard by a surprise visit from her ex-boyfriend — someone she hasn't seen in almost a year. The reason: an unresolved story, an old trauma.

There's no time to reflect — Frieda escapes into work. But what really happened between them?

PILOT EPISODE – ACT STRUCTURE

Act 1

Frieda is surprised by her ex-boyfriend early in the morning — someone she hasn't seen in nearly a year. Caught off guard and speechless, she flees to her next assignment, internally shaken.

A famous metal band has barricaded themselves in their tour bus. The overwhelmed manager begs for help. It's the band's biggest show yet. The fans are already lined up. The band is on the verge of breaking up.

Act 2

Using psychological investigation, Dr. Dorn begins to unravel the dysfunctional dynamics within the group.

Her work is complicated by groupies, drug-filled air, and irrational behavior. At the same time, messages from Lotti and Alex reach her. Frieda's professional façade begins to crack.

The line between the case and her personal drama becomes increasingly blurred.

Act 3

The musicians write songs about each other, switch roles, and confront emotional truths.

Frieda returns home to find Alexander sitting at the kitchen table. That's where the episode ends.

ARCS WITHIN THE PILOT EPISODE

Dr. Dorn succeeds in breaking the destructive group dynamics and establishing a new form of communication. Her intervention brings healing — and a performance. The band returns to the stage.

Simultaneously, Frieda's professional mask begins to slip. The reappearance of her ex brings a long-repressed trauma back into her consciousness.

For the first time, Frieda begins to engage with her own emotional story.

SEASON ONE ARC

With each new case, Frieda is forced to confront aspects of her own past. We learn what happened between her and Alex — an unplanned pregnancy and the consequences that followed.

Every assignment is not only a professional challenge but also mirrors a part of her inner life. The series constantly links outer crises with inner conflict — professional action becomes personal confrontation.

In parallel, her relationship with Alex begins to shift in fragmented, uncertain ways.

POTENTIAL FOR 100 EPISODES

The show combines episodic storytelling with a dense emotional series arc. Frieda's cases offer a satirical take on current societal realities, while her own story unfolds slowly, multilayered, and with emotional credibility.

Each week brings new challenges and new antagonists.

SEELNKLEMPNER is a psychological detective story with the heart of a tragicomedy — smart, strange, honest, and urgently necessary.